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## Titanium Nose Jobs, Part 2

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*The use of titanium for nose jobs may one day become a trend, now that a Manhattan plastic surgeon has pioneered its use for Rhinoplasty. NY1 Health Reporter Cheryl Wills has more now in part two of her special report.*

Read [Part One](#) of Cheryl's series.

In NY1's first report on a new nose job procedure, we introduced you to Arlene Spivack, who got a nose job to fix a previous surgery. But this time she used a material that can stand the test of time: titanium.

"This is titanium, and this is a thin kind of mesh," says Dr. Michael Sachs. "In Arlene's case we're probably going to use this very thin mesh because it has a lot of strength, but it's very, very thin."

Dr. Sachs, a Manhattan plastic surgeon, pioneered the use of titanium in nose jobs. He says there is no chance of a bad reaction, and it is long lasting.

"It's usually best for people who need a lot of support, for instance, people with a big droopy nose which you need to lift up to put almost like a strut in the nose," says Dr. Sachs. "It's also for people who have collapse, either due to previous surgery or from traumatic incidents where part of the nose actually collapses into the nose."

Spivack needed the surgery to correct her nose, which essentially collapsed in some places, leaving dents. About eight weeks after the surgery, NY1 checked back with Dr. Sachs to see the final results.

"Basically the whole bottom half of your nose is swollen still," Dr. Sachs told Spivack. "It will be swollen for probably up to about six months or a year. This nice contour where we put the titanium on both sides is nice and strong, and when you breathe it doesn't collapse and you don't cosmetically have the dent anymore."

Spivack, who had trouble breathing, says she is breathing much better now and is pleased with her new look.

"It absolutely looks more natural, my breathing is almost 100 percent better, and [Dr. Sachs] claims it will get even better as the swelling disappears," says Spivack.

And Dr. Sachs says the beauty of using titanium is that if he wants to adjust the nose at a later date, titanium gives him the flexibility to do so without surgery.

"I wouldn't even have to put you to sleep - I would just manipulate with two instruments here and here, and I would just manipulate with two instruments inside and out and re-bend the titanium a little bit," says the doctor. "The way I see you now, I don't think you're going to need to have that done, but we have that as a nice option."

Dr. Sachs says nose jobs run about \$10,000, and the use of titanium adds about \$700 more to that price tag.

- Cheryl Wills

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